

Influence of Time Management and University Climate on Student Study Habit in the South–West, Nigeria

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Abstract

Effective time management for studies is vital to students' future, not just academically but in everyday life. However, literature and observation revealed that some students may not have developed good time management and study habit necessary for academic success, thereby, leading to failure in class examinations, participation in examination, malpractice and sometimes failure to complete the university education. 360 students were randomly selected from Universities in south western Nigeria. Result revealed that relative influence of the two independent variables to the dependent variable, expressed as beta weights, namely: university climate ($\beta = 0.579$, $P > 0.05$), and student time management ($\beta = 0.092$, $P < 0.05$). The following values were obtained for each of the independent variables: university climate $P = 0.085$; student time management, $P = 0.006$. It was recommended that, time management courses or programmes should be incorporated into the academic curriculums of tertiary institutions especially when students are newly admitted. Also that proper orientation programs on the various effective study habits should be carried out regularly among students of tertiary institutions.

Keywords: Tertiary institutions, time management, University climate, Student study habit.